



Manitoba
Association of
Home Economists

Manitoba Association of Home Economists

ANNUAL REPORT

2019-2020

Table of Contents

2019-2020 MAHE Board of Directors	Page 4
2020 MAHE AGM Agenda	Page 5
MAHE AGM Minutes November 17, 2019	Page 6
Board of Directors Annual Reports	
President	Page 13
President Elect	Page 15
Vice President	Page 15
Past President	Page 15
Finance	Page 16
Secretary	Page 16
Internal Affairs	Page 17
Admissions Committee	Page 18
IPHE Committee	Page 18
Public Relations	Page 18
Member Relations	Page 18
Communications	Page 19
Membership Recruitment	Page 19
Student Groups	Page 19
Registrar	Page 20
Farm to School Program Liaison	Page 20
Administrative Service Provider	Page 21
2020-2021 MAHE Proposed Slate of Officers	Provided separately
Proxy Vote	Page 22

**MANITOBA ASSOCIATION OF HOME ECONOMISTS
Board of Directors 2019-2020**

President	Sheila Stark-Perreault (1/1)
President-Elect	Leanne Sprung (1/1)
Vice-President	Vacant (1/2)
Past President	Vacant (1/1)
Finance Director	Carla Falkevitch (1/1)
Secretary	Kiran Sidhu (1/1)
Director of Internal Affairs	Arlene Skull (1/2)
Director of Member Relations	Myrna Grahn (1/2)
Director of Communications	Darren Fife (1/2)
Director of Membership Recruitment	Victoria Wojakowski (1/2)
Director of Public Relations	Vacant (1/2)
Student Representatives	Home Economics Connections Club – Vacant (1/1) Faculty of Agriculture Students’ Organization – Julie Sprague (1/1) Family Social Sciences – Vacant (1/1) Human Ecology Education Prgm – Michael Chan (1/1)
Public Representatives	1. Barkley Engel, Turning Leaf (vacant eff June 1, 2020) 2. Vacant
Registrar (Ex Officio)	Karla Fehr (1/3)
Committee Chairs/Program Liaisons	
Admissions Chair	Tricia Meaud (1/2)
IPHE Chair	Kendra Monk (1/2)
Farm to School and Fruit Share Liaison	Myrna Grahn (1/2)
MAHE Contractual Positions	
Administrative Service Provider	Teresa Cooper, JMJ Group Consulting
Farm to School Healthy Choices Project Managers	Melodie Ho and Symone Moodoo

Identification

Manitoba Association of Home Economists
Box 582 Stn Main
Winnipeg MB R3C 2J3
Phone: 204-885-0718

Incorporated under the Professional Home Economists Act, 1990, by the Province of Manitoba.

The Manitoba Association of Home Economists’ mission is to support and promote the role of its members in improving the quality of life for individuals, families and communities.



**MANITOBA ASSOCIATION OF HOME ECONOMISTS
Annual General Meeting Agenda**

**October 24, 2020
9:00 am – 9:45 am
Online, Winnipeg, MB**

1. Call to Order
2. Credentials Report
 - Voting Members Attending & Proxies
 - Quorum
 - Scrutineers & Parliamentarian
 - Minute checkers
3. Approval of 2020 MAHE AGM Agenda
4. Approval of 2019 MAHE AGM Minutes
5. MAHE Annual Report Highlights 2019 – 2020
6. Finance
 - 6.1. Appointment of the Auditor 2020 - 2021
 - 6.2. MAHE Budget 2020 – 2021
7. New Business
 - Proposed Slate of MAHE Board of Directors for 2020 – 2021
8. Pandemic Response Project
9. Additions and Announcements
 - 9.1. Members admitted to Active Practicing Status
 - 9.2. Member award recognition
 - 9.3. Sharing from around the province (updates from the floor)
10. Adjournment

**Manitoba Association of Home Economists
Annual General Meeting
Sunday, November 17, 2019
Manitoba Electrical Museum & Education Centre, Winnipeg, Manitoba**

1. Call to Order

The meeting was called to order at 2:58 pm by Sheila Stark-Perreault, President. The minutes were recorded by Jocelyne Gaudet, Vice-President. The AGM timekeeper was Sheryl Poirier, member.

2. Credentials Report

The credentials were reported by the President.

- 2.1. **Voting Members Attending & Proxies:** 19 members were present with ballots and there were 12 proxies for a total of 31 votes.
- 2.2. **Quorum:** 25 votes minimum met. Simple majority would be 16 votes (50% of 31 +1).
- 2.3. **Scrutineer:** Debora Durnin-Richards; **Parliamentarian:** Eleanor Cassels.
- 2.4. **Minute Checkers:** Darren Fife and Fonnee Xu.

3. **Approval of 2019 MAHE Agenda** – motion to accept as distributed by Carla Falkevitch, seconded by Alison Delf-Timmerman. Carried.

4. **Approval of 2018 MAHE AGM Minutes** – motion to accept as distributed by Eleanor Cassels, seconded by Myrna Grahn. Carried.

The President made the first call for nominations from the floor.

- Sheila Stark-Perreault agreed to a 1-year extension to her position as President.
- Sheila Stark-Perreault nominated Leanne Sprung for President Elect. Nomination accepted.
- Carla Falkevitch agreed to a 1-year extension to her position as Director of Finance.
- Kiran Sidhu agreed to a 1-year extension to her position as Secretary.
- Darren Fife agreed to a 2-year renewal to his position as Director of Communications.
- Victoria Wojakowski agreed to a 2-year term for the Director of Membership Recruitment.
- Barkley Engel agreed to continue his position as elected Public Representative.
- Myrna Grahn nominated Karla Fehr for Registrar. Nomination accepted.
- Kendra Monk agreed to a 2-year term for IPHE Chair.
- Myrna Grahn agreed to a 2-year term for the Liaison for Farm to School.

5. MAHE Annual Report Highlights 2018-2019

President Sheila Stark-Perreault asked Board members to present highlights of their reports as presented in the 2018-2019 Annual Report. *(Please see the report for further details)*

President: Sheila Stark-Perreault, PHEc

- Arranged monthly teleconference and some in-person meetings for the Board of Directors (BOD), to make decisions on Association management and plan community events/workshops.
- Attended the University of Manitoba (UM) ASE Career Fair to promote the organization, student membership, career opportunities, and to answer questions.

- Hosted a joint World Home Economics (WHEc) Day celebration at McMaster House, with unveiling of career pathways, showcasing from Costume Museum of Canada, ringing ceremony, and dessert. Honourable Minister of Agriculture, Ralph Eichler, and his assistant attended.
- Presented “The Evolution of Home Economics/Human Ecology Education in Manitoba” at Canadian Home Economics Educators Symposium in Vancouver, BC.
- Arranged January workshop for the BOD to further plan goals and priorities, incl. feasibility assessment for Basic Skills for Living, BOD recruitment/position profiles, and event development (WHEc Day, Rotary Career Symposium).
- Held a Strategic Planning workshop in May, with guest speakers Tracy Douglass (Financial Fitness) and Leanne Sprung (3 Horizons).

Vice-President: Jocelyne Gaudet, PHEc

- Established a committee to review two complaints. The matters are now considered closed.
- Established a committee to review the Distinguished Home Economist (DHEc) award form and to review/select the 2019 recipient.
- Developed a PHEc keepsake, with a limited-time opportunity for members to purchase.
- Created a form for BOD position review, utilized at the May Strategic Planning workshop, to help begin discussions around Policy and Procedures manual updates.
- Aided with the 2018 AGM/Seminar, which saw overall positive feedback.

Past President: Myrna Grahn, PHEc

- Established a committee to update Policies and Procedures Manual. Updates are ongoing.
- Acquired the role of Investigations Officer for the Complaints Committee and assisted in process by sourcing legal advice.
- Negotiated important and ongoing talks with members to fill vacant BOD positions, in particular the Registrar position.
- Attended the Manitoba Healthy Choices Fundraiser Partners meeting on behalf of MAHE, for the Farm to School program.

Secretary and Awards: Kiran Sidhu, PHEc

- Took minutes at various BOD and teleconference meetings.
- Oversaw granting of Science Fair Awards, in the Manitoba School Science Symposium (MSSS) and the Western Manitoba Science Fair (WMSF).
- Oversaw MAHE Archival process.

Director of Internal Affairs: Alison Delf-Timmerman, PHEc

- Partnered with Manitoba Education and Training, for curriculum updates in senior high schools.
- Engaged in content renewal for middle and senior years, aptly renamed Human Ecology (HEc).
- Engaged in Lecture Series, which enabled circulation of poster series for classrooms. It promoted HEc careers and content studied in each respected domain.
- Witnessed continued website supports for educators through Manitoba Education and Training.
- Printed poster set utilizing HEc Lecture series surplus funds, promoting HEc as a subject, curricular connections, and careers linked to various HEc study areas.
- Aided with IPHE program, which saw 7 new members admitted to Active Practising status.
- Actively participated in the Professional Home Economics Advisory Team (PHEAT). Established collaboration between MAHE, MHETA, and UM for Summer Institute in HEc Education.

- Actively participated in talks with UM Faculty members to pursue the promotion of training for a PHEc, including educational pathways, student recruitment, instructional courses with home ec specialists, opportunities with Masters programs, and fulfilment of placements and evaluators.

Admissions Committee: Vacant

IPHE Committee: Heather Deibert, PHEc

- Accepted 7 members into Active Practising status, with the ongoing efforts of MAHE mentors.
- Actively working with 4 members in the IPHE program.
- Circulated communication, reminders, and updates to IPHE participants/mentors.

Director of Public Relations: Fonnee Xu, PHEc

- Developed ideas for future topics, for the Home Family Blog.
- Maintained and regularly updated the Facebook and Twitter accounts.
- Assisted in planning the WHEc Day celebrations.

Director of Member Relations: Diana Mager, PHEc

- Witnessed the signing of the Proclamation by Honorable Minister of Agriculture, Ralph Eichler.
- Collaborated with MHETA on a WHEc day gala event: “Creativity and Innovation in HEC for Sustainable Development.”
- Engaged members and HEC alumni to review HEC competencies. Once finalized, a draft will be reviewed by the MAHE BOD and by external verification.
- Informed members of current local/global activities related to HEC.

Director of Communications: Darren Fife, PHEc

- Organized the WHEc Day, with approx. 30 MAHE/MHETA members in attendance, and witnessed the unveiling of the new HEC pathways.
- Attended the Rotary Career Symposium to present a variety of career paths available to students in secondary education.
- Assisted in the planning of the Agricultural, Food and Nutrition Sciences (ASE) Career Fair, by printing MAHE handouts and brochures.
- Applied for and received the Gwen E. Leslie Lecture Award from CHEF. This event was in partnership with Canola Eat Well and Manitoba Farm Women’s Conference, featuring keynote speaker Mairlyn Smith, PHEc.

Director of Membership Recruitment: Vacant

Home Economics Connections Club (HECC): Pooja Dhruve

- Hosted the annual ACHES conference in Winnipeg: “Healthy outside starts from the inside.”
- Promoted the field of HEC and ACHES conference during club recruitment week.
- Hosted a drop-in info session to answer questions from UM students.
- Presented at the Human Nutritional Sciences student orientation.

Faculty of Agriculture Students’ Organization: Vacant

Human Ecology Education Program: Victoria Wojakowski, PHEc

- Represented students enrolled in the Bachelor of Education program at the UM (with teachable HEC major or minor).

- Shared important information about MAHE with these students: free student memberships, IPHE program, WHEc day, and MAHE's AGM.

Registrar: Jenett Richter, PHEc

- Continued as Registrar for a 6th term, while the search continued for a replacement.
- Participated in a meeting with Registrars from AHEA and OHEA to discuss ongoing challenges with membership categories, admission requirements, and maintaining membership numbers.
- Recorded 169 members in 2018-19 (ending April 30, 19); 1.7% decrease from the previous year.
- Recorded 175 members so far in 2019-20, as of November 2019.
- Reviewed memberships over the past 5 years, discovering a membership drop in Active Practising members, and a current influx of Student members.

Farm to School (F2S) Community Program Liaison: Diana Mager, PHEc

- Oversaw shared coordinator duties for 2 staff members, who maintained program requirements, activities, and attended conferences/presentations.
- Supported promotional activities, including:
 - Celebration of F2S 10th fundraising anniversary.
 - Website redesign and development of new veggie fact sheet.
 - Great Big Crunch event (Nutrition Month), F2S kick-off events and activities, Local Veggie Day Proclamation, and World Food Day.
- Reviewed final program evaluation report, work plan, and budget with F2S partners.

Fruit Share (FS) Community Program Liaison: Diana Mager, PHEc

- Oversaw transition of FS to its new home: T&T Seeds.
- Supported two community grant applications that helped to transform and grow the program.

Administrative Service Provider: Teresa Cooper

- Oversaw day-to-day operations of the Association.
- Aided in getting MAHE's annual tax returns up to date with the Canada Revenue Agency.
- Aided in attaining Public Service Bodies GST rebate for 2016-17 and 2017-18.
- Assisted with the transition of Fruit Shar to T&T Seeds Ltd.

Director of Finance: Carla Falkevitch, PHEc

- Helped guide MAHE's general financial direction, incl. oversight of budget/monthly statements.
- Reviewed fundraising and grant opportunities at the May Strategic Planning workshop.
- Supported the Association and the Administrator in various financial endeavours:
 - MAHE has transferred all administrative and financial concern for the project to T & T Seeds Ltd as of June 2019 but will continue to promote this worthwhile program to our members.
 - Financial aspects of Lecture Series. Surplus funds used for HEc pathways posters.
 - Canada Revenue Agency GST rebate claim.

The President made the second call for nominations from the floor.

- Jocelyne Gaudet nominated Myrna Grahn for Director of Member Relations. Nomination accepted.

6. Finance

6.1 Review Financial Statements for 2018-2019

Carla Falkevitch provided an overview and highlights and answered questions from members.

Moved by Carla Falkevitch, seconded by Debora Durnin-Richards that the 2018-19 Financial Statements be accepted as presented and reviewed. Carried.

6.2 Appointment of the Auditor 2019-2020

MAHE's financial records were reviewed and Financial Statements for 2018-2019 were prepared by Dwayne McFaddin, Partner/Accountant with Scarrow & Donald Chartered Professional Accountants LLP.

Moved by Carla Falkevitch that Dwayne McFaddin, Professional Accountant with Scarrow & Donald Professional Accountants LLP, be appointed to review the financial records for 2019-2020. Seconded by Myrna Grahn. Carried.

6.3 MAHE Budget 2019-2020

Carla Falkevitch provided details on the proposed budget and highlighted some of the figures presented. The budget as presented was adopted at the September 2019 Board meeting.

7. New Business

The President made the third call for nominations from the floor.

- Darren Fife nominated Fonnee Xu for Director of Public Relations. Nomination accepted.

Motion to close the nominations for the 2019-20 Board of Directors by Sheila Stark-Perreault. Seconded by Karla Fehr. Carried.

Proposed Slate of MAHE Board of Directors for 2019-2020

President	Sheila Stark-Perreault (1/1)
President-Elect	Leanne Sprung (1/1)
Vice-President	Vacant (1/2)
Past President	Vacant (1/1)
Director of Finance	Carla Falkevitch (1/1)
Secretary	Kiran Sidhu (1/1)
Director of Internal Affairs	Vacant
Director of Member Relations	Myrna Grahn (1/2)
Director of Communications	Darren Fife (1/2)
Director of Membership Recruitment	Victoria Wojakowski (1/2)
Director of Public Relations	Fonnee Xu (1/2)
Student Representatives (not elected by MAHE) - Home Economics Connections Club - Faculty of Agriculture Students' Organization (FASO) - Family Social Sciences – Interdisciplinary Health Program (IHP) - Human Ecology Education Program	Vacant Vacant Vacant Victoria Wojakowski (1/1)
Public Representatives	1. Barkley Engel, Turning Leaf Founder and CEO
	2. Vacant
Registrar (Ex Officio)	Karla Fehr (1/3)
Admissions Chair	Vacant (1/2)

IPHE Chair	Kendra Monk (1/2)
Liaison for Farm to School	Myrna Grahm (1/2)

Motion to accept the 2019 proposed slate of officers by Sheila Stark-Perreault. Seconded by Eleanor Cassels. Carried.

8. MAHE Strategic Plan 2018-19

President Sheila Stark-Perreault summarized the work that was done in May 2019, with the facilitation support of Tracy Douglass (Volunteer Manitoba) and Leanne Sprung. Tracy worked with the BOD on financial fitness, which included opportunities for fundraising. Leanne assisted the Board through a 3 Horizons approach, an analytical tool to understand changes that represent a holistic view of the present and future.

- 1. Member Engagement:** collaborative celebrations, professional development options, building pride for members promoting the professional designation through employment.
- 2. Board Development:** update policy/procedures, revise Board positions/roles, initiate Junior Board positions.
- 3. Organizational Stability:** member recruitment, career fairs, outreach on campus, communications at UM – competencies, career pathways.

World Home Economics Day: March 19, 2020 at the Clarion Hotel. Keynote speaker will be CEO Nora Spinks from the Vanier Institute of the Family. Nora works with individuals and organizations that study, serve and support families to mobilize knowledge and enhance the national understanding of families in Canada. More details to come.

9. Additions and Announcements

9.1 Members admitted to Active Practising Status (and their Mentors):

- Kendra Monk (Heather Deibert)
- Unyime Oguta (Jennifer Dyck)
- Caroline Hornan (Marlene Atleo)
- Debra Russell (Amy Yonda)
- Victoria Wojakowski (Karen Mercer)
- Maria Debreuil (Jocelyne Gaudet)
- Kristen Matwychuk (Myrna Grahm)

9.2 Member Award Recognition

- Vice-President Jocelyne Gaudet presented the 2019 Distinguished Home Economist Award to Alison Delf-Timmerman:

Before we present the 2019 Distinguished Home Economist award, I would like to give a big thank you to this year's nomination committee. Without your help, we wouldn't be able to honor the contribution of others – and so thank you for your contribution. I would also like to give a big thank you to Karla Fehr for putting together a very thoughtful nomination.

This year's recipient is a deeply devoted member of her profession, her association, and the broader community. She takes the responsibility of her MAHE membership very seriously, and has channeled that energy by giving back to the association through her various Board roles.

This person is passionate about the education of Home Economics, and has actively participated in Faculty discussions, contributed to the Professional Home Economist Action Team, and was instrumental in updating the Home Economics curriculum.

This year's recipient has demonstrated the highest degree of commitment, dedication, and purpose. It is with heartfelt congratulations that we announce Alison Delf-Timmerman as the 2019 Distinguished Home Economist.

- President Sheila Stark-Perreault thanked the efforts of retiring BOD members:
 - Alison Delf-Timmerman (Director of Internal Affairs),
 - Diana Mager (Director of Member Relations and Community Programs Liaison),
 - Heather Deibert (IPHE Committee Chair),
 - Jenett Richter (Registrar),
 - Jocelyne Gaudet (Vice-President), and
 - Pooja Dhruve (HECC Student Representative).

9.3 Sharing from around the province (updates from the floor)

Dr. Joyce Slater, professor of community nutrition at the University of Manitoba, has developed a food and nutrition education knowledge portal, FANLit, to support food and nutrition education in Manitoba. The first version of the web-based resource was funded by CHEF and the Faculty of Agricultural and Food Sciences Endowment Fund. FANLit has background information on the nutritional status of Manitoba, and food pedagogy milestones. It also has teaching resources that have been developed by Manitoba educators to support the new food guide, the new HE curriculum, and support Indigenous food and nutrition education. There are also links to other quality resources. The teaching resources are reviewed by a Community of Practice including teachers, dietitians and community-based educators. FANLit has a small suite of resources at this time, and Joyce will be pursuing further funding to expand the resources. The address is: www.fanlit.org.

10. Adjournment

The meeting was adjourned at 4:27pm.

Board Of Directors Annual Reports – 2019-2020

President

Sheila Stark-Perreault, PHEc

As President during these current circumstances related to the worldwide pandemic known as COVID-19, our year in review had its “ups”, “downs”, “loops” and “curves” much like a roller coaster experience. However, our Board tightened our seat belts and adjusted to the twists and turns as they presented themselves along the way.

Our journey began last November where we hosted the last AGM at the Electrical Museum followed by supper at Chicago Joe’s (Victoria Inn). Partnering with Manitoba Canola Growers Association and Manitoba Farm Women’s Conference provided opportunity for members to then attend the Sunday evening keynote speaker, Professional Home Economist and author, Mairlyn Smith from Toronto.

December’s upward movement had Professional Home Economist keepsake plaques for Active Practising members upon special request. This “up” continued with committee planning in January for a member event to celebrate World Home Economics Day with Nora Spinks, CEO of the Vanier Institute of the Family. February was proclamation request time to coincide with our World Home Economic Day plans. February also had the Board meet at the Turning Leaf boardroom for some workshop and event planning and hear University of Manitoba updates from guest Susan Lee (Summer Institute course, practicum advisors for our educational students, curriculum and instruction based course pursued by Environmental design, Human Ecology curriculum home base on the Maple site (mapleforem.ca) from the Department of Education for post curricular content and provincial updates). Canadian Home Economics Foundation (CHEF) representatives attended as guests to propose a joint AGM event in November to celebrate 40 years of CHEF, started right here in Manitoba. Little did we know that this was the last time our Board would be able to physically meet in person.

The beginning of March brought a unique opportunity for those passionate and interested in building their Clothing/Textile Literature. This collection of over 700 items covering a wide range of clothing/textiles subjects such as crafts, costumes, fashion designers, pattern-making, embroidery, lace and many more was in the process of being de-accessioned by the University of Manitoba libraries. The collection was made available to MHETA and MAHE members. Then the project had to be put on hold.

That is where the downward movements began as COVID-19 hopped on “board” and created the loops and curves that initiated the cancellation of events. World Home Economics Day, March 20th, was proclaimed by the Province but no signing opportunity or chats with the Minister of Agriculture and Resource Development were held. Our World Home Economics Day member event was cancelled and individuals and families saw community shifts with school closures and job changes that led to remote working and learning. This particular year, it seems ironic that World Home Economics Day as recognized by the International Federation for Home Economics (IFHE) has as **the theme for this year - “Housing the Dispossessed” from manmade to natural disasters, millions of people worldwide are left homeless and lack access to adequate housing. As Home Economists we recognize that a person/families without a home suffer high risk of poverty, hunger, poor health, lack of access to education, clean water and sanitation.**

As I connected with all of you during our spring membership renewals, I quoted Howard Schultz, American businessman and billionaire. He said, ***“In times of adversity and change, we really discover who we are and what we’re made of.”*** I shared that while faced with a pandemic, there was no better time to look after ourselves, our families, and our communities. This was a key time to take our professionalism, use our skill sets and reach out to those around us in any way possible. I reflected that as Professional Home Economists we are dedicated to improving the quality of people’s daily lives and MAHE is our professional association whose provincial voice supports our multi-faceted profession. True to my words, spring gave opportunity that brought joint conversations with the Province on how MAHE could help address the challenges families were facing to provide affordable, nutritious meals with readily available food products. By request, on MAHE’s behalf I drafted a proposal that established a partnership through the federal-provincial funding, Ag-Action Manitoba. This provides up to \$70 000 to update, collate existing, and create new resources to support families affected by the pandemic related to food security as well as build and renew relationships with related organizations. Our existing www.homefamily.net provides the platform for sharing the new and collated resources.

A new loop in the track had MAHE reach out to you, our membership, for expressions of interest for the various contracts and volunteer roles of this diverse project. I cannot express how thankful we are to our membership for the words of encouragement regarding our announcement and the welcome response to our professional call out. The summer months had Leanne (President Elect) and I working hard behind the scenes to prepare for the set up that we are proud to say is our “Pandemic Response Project.” Julie Garcia, Project Manager, will share more about this worthwhile venture during our AGM. The project timeline is September 1, 2020 to March 31, 2021.

Although the International Federation for Home Economics (IFHE) cancelled its in person Congress in August, IFHE members Diana Mager, Peggy Barker and me as MAHE’s organizational member, participated in the online voting portion as your “voices”.

As members, I do hope you can appreciate that although our journey this year has been a “roller coaster” of an adventure with unique twists and turns, your MAHE executive and Board remained on track. Even when posed with challenges that turned us for a “loop” at times, we hung on with both hands and stayed connected albeit with different virtual platforms and unique ideas to ensure our association “business” continued to operate in a professional manner. Please take the time to read each of the executive and Board reports to attain an overall scope of the time, and efforts put in this year for the benefit of all our present and future members.

As outgoing President, as always, I am very proud to be an active MAHE member myself and have had the opportunity to work with our dedicated MAHE executive and Board members. They are truly a dedicated team who freely volunteer their time and talents for the betterment of our membership and the promotion of our Home Economics Profession. I look forward to a new role and responsibilities as Past President for this upcoming term.

Respectfully submitted,
Sheila Stark-Perreault, PHEc

President Elect
Leanne Sprung, PHEc

This has been a whirlwind year of orientation to the board and to the executive. While assisting with the strategic planning process since 2017 provided some familiarity, I have appreciated the patience and encouragement of the Board and Teresa as I get up to speed on the multitude of activities and ongoing projects of MAHE.

Working with Sheila, a meeting outline was developed for the February meeting in Winnipeg to ensure team building and orientation to the 2019-2020 strategic plan. The planning process for this meeting included some orientation to the ongoing strategic initiatives, namely the competencies work (Diana Mager/Alison Delf-Timmerman) and the policy and procedure manual updating (Jocelyn Gaudet and Myrna Grahn). Work on these initiatives is ongoing.

In late March, an inquiry from a member about opportunities to respond to the needs of Manitobans during the pandemic coincided with the need to update and refresh the content on our blog site www.homefamily.net. Since these issues were considered to be related, a video call to generate ideas resulted in a concerted effort to recruit content and updates from members. This has been a successful initiative with 24 uploads of new or updated content. Lots of thanks to Linda Carter, PHEc of Manitoba Hydro for reviewing and updating their materials, to the members who submitted new material and to ASHE for their post-secondary student finance series.

Together with Sheila and Myrna a modified strategic planning event was organized for the June board meeting. This replaced the one day team building / strategic planning in person meeting. We planned an online Saturday, June 6th morning session around two main topics from the previous year's strategic plan. Six members of the MAHE Board and Teresa met by Zoom to fine-tune the strategic plan for the next year. The group generated ideas and plans around two main areas to focus our energy: Member Engagement and Refresh of the Home and Family Blog. The remaining areas of focus identified in the 2019 strategic planning remain relevant, however prioritization of efforts is necessary.

Following the approval of the Pandemic Response Project, I transitioned from the role as liaison from the Province to work with President Sheila to hire the Project Manager and then support Julie Garcia in this role. This is an exciting project which supports some of the initiatives that have been on the strategic plan for a number of years.

I have enjoyed working with the Board and staff of MAHE and look forward to my term as President.

Respectfully submitted,
Leanne Sprung, PHEc

Vice President - Vacant

Past President - Vacant

Director of Finance
Carla Falkevitch, PHEc

As the Director of Finance, I help to guide the general financial direction of the organization. The major role of the Director of Finance is to oversee the budget and the monthly statements.

This budget year has not gone as expected due to the pandemic. Many expenses have been reduced as a result of the inability to have in person events and because of working remotely for half the year. We have also reduced all Board members' expenses due to virtual meetings replacing in person meetings and the strategic planning meeting. This has created a better than usual financial situation for our association.

The November Marilyn Smith event was a cost neutral event with the expenses covered by the ticket amount. We were fortunate to partner with the Manitoba Canola Growers Association.

The Home Economics Resources Pandemic Response Project was initiated and an advance of \$25 000 was issued to get us started. This amount will allow MAHE to cover the bills and be reimbursed for the expenses for the initial costs. The project will allow for up to a maximum of \$70 000 in expenses. The amount for this project will balance so the final budget amount will not change. The expenses for the project will be exactly the same as the income for the project. The project will also provide a great deal public awareness for MAHE.

I would like to extend a special appreciation to Teresa for the daily payment of bills and maintenance of the books for the special projects and the organization. She is also an integral in compiling and orchestrating the GST rebate, the financial statements, obtaining the annual financial review and compiling the budget.

Respectfully submitted,
Carla Falkevitch, PHEc

Secretary and Awards
Kiran Sidhu, PHEc

The Secretary attends MAHE meetings and takes minutes, oversees the granting of Science Fair Awards, the Distinguished Home Economist Award, and the MAHE Archival process.

MAHE traditionally provides awards to students entering projects to the Manitoba School Science Symposium (MSSS) and the Western Manitoba Science Fair (WMSF). Judges and award presentations are facilitated by volunteer Professional Home Economists. Unfortunately, due to Covid-19 both science fairs were canceled for this year.

MAHE extends a special thank you to:

- Claire Normandeau for her continued participation in judging the MSSS entries despite the cancellation.
- Daphne Janis for her continued participation in judging the MSSS entries despite the cancellation.
- Susan Proven for her continued participation in judging the WMSF entries despite the cancellation.

I send a special thank you to the 2019-2020 Board of Directors for all their aid. As well, I especially appreciate that Jocelyne Gaudet oversaw the Distinguished Home economist Award and to Teresa Cooper and Sheila Stark-Perreault for their guidance and advice as I continued in my role. In the future year, my plans including aiding anyway I can with the transition to a new Secretary or remaining in the role if necessary.

Respectfully submitted,
Kiran Sidhu, PHEc

Director of Internal Affairs
Arlene Skull, PHEc

The Human Ecology course in Education was taught in 2019-20 at the University of Manitoba. Nine students finished their degree and were in the process of applying for teaching positions in Human Ecology. The course is offered every second year and there is no definite clarity as to when it will be offered again due to low numbers enrolled and the retirement of the instructor.

The text to describe both the courses and requirements to graduate was written and submitted by Susan Lee to the Deans of the Faculty of Education. This summary was submitted to outgoing Dean Mandzuk, who is on sabbatical, incoming Dean Sutherland, and forwarded to the web site development team at the University.

There was a request made that the Summer Institute class for Education students interested in teaching Clothing and Textiles, cancelled due to the pandemic, be offered as an evening course in the fall or winter session but to date there has not been a response. It was also recommended that there is a need to appoint one contract Human Ecology teacher liaison that will be a constant for the students during their after-degree program. There has been no response to date.

An e-mail request has been forwarded to Diana Mager for an update on the competencies being developed for the different areas of the Human Ecology Program and/or the name of contacts with whom we can communicate.

E-mails to new administration at the Faculty of Education requesting that MAHE continue communication regarding course offering and standards for future Human Ecology teachers have, to date, not received a reply.

Respectfully submitted,
Arlene Skull, PHEc

Admissions Committee

Tricia Meaud, PHEc

The Admissions committee is responsible for assessing applications to our Association and ensuring they have the right credentials to become Active Practising Professional Home Economists. The Committee consists of Professional Home Economists Marlene Baskerville, President Sheila Stark-Perreault and MAHE Registrar Karla Fehr with assistance from MAHE Administrator Teresa Cooper. This year we have reviewed applications and want to emphasize the importance of providing up-to-date resumes.

Respectfully submitted,
Tricia Meaud, PHEc

IPHE Committee

Kendra Monk, PHEc

There are currently 2 members in the Interim-Professional Home Economist (IPHE) program. They have each been paired with a mentor to help guide and assist them through the IPHE program.

MAHE congratulates the following 4 new Active Practising members on becoming Professional Home Economists in 2019-20. Thank you to their mentors for assisting and guiding them through the program.

Accepted into Active Practising	MAHE Mentors
Kristen Matwychuk	Myrna Grahn
Stephanie Gerardy	Tracey Drabyk-Zirk
Nimota Titi Tijani	Tricia Meaud
Jenny Giesbrecht	Amy Yonda

Regular communication, reminders and updates are periodically sent out to the IPHE participants and mentors throughout the year.

Respectfully submitted
Kendra Monk, PHEc

Director of Public Relations - Vacant

Director of Member Relations

Myrna Grahn, PHEc

In light of the pandemic's limitations of in person events and meetings, MAHE is using online technology to host online meetings. MAHE is hosting monthly conversations with our members to learn or experience something new and to just reconnect instead of in person events! MAHE Chew on That...Chat!

The MAHE Conference with keynote Nora Spinks has moved to an online platform on October 24th, 2020. We are collaborating with CHEF to celebrate their 40th AGM.

Respectfully submitted,
Myrna Grahn, PHEc

Director of Communications

Darren Fife, PHEc

Greetings, fellow Professional Home Economists. My name is Darren Fife and I am the Director of Communications for MAHE. During this past year we partnered with the Canola Eat Well Team (with Jenn Dyck, PHEc) and the Manitoba Farm Women's Conference to host a public lecture featuring author and PHEc, Marilyn Smith. The event attracted over 200 participants and was well-received by those who attended. Thank you to the Canadian Home Economics Foundation for honouring us with the Gwen E. Leslie Memorial Award to support this initiative.

In the absence of a Director of Public Relations, I have taken on updating the MAHE twitter account. Thank you to Pat Orsak, PHEc, for her support in taking on this endeavor. We will continue to find ways to improve the outreach of MAHE through various digital platforms.

Finally, this spring I assisted in reviewing articles for the MAHE blog. I am thankful for Teresa for curating the article review process, the Home & Family blog, and MAHE Facebook page.

Respectfully submitted,
Darren Fife, PHEc

Director of Membership Recruitment

Victoria Wojakowski, PHEc

During this past year as the Director of Membership Recruitment I promoted membership to various student groups and pre-service Human Ecology teachers at the University of Manitoba. Students have the opportunity to sign up for a free MAHE membership and complete the IPHE/Interim Professional Home Economist program to become a Professional Home Economist/PHEc after graduating.

I assisted in the planning of the Word Home Economic Day celebration, which was unfortunately cancelled due to COVID-19. I also assisted plan the MAHE and CHEF AGM and Conference.

Respectfully submitted,
Victoria Wojakowski, PHEc

Student Groups

Home Economics Connections Club/HECC - Vacant

Faculty of Agriculture Students' Organization – Julie Sprague

Family Social Sciences – Interdisciplinary Health Program/IHP – Vacant

Human Ecology Education Program – Michael Chan

Registrar

Karla Fehr, PHEc

In my first year as Registrar, I worked closely with Teresa Cooper, our MAHE Administrator, to report on membership numbers. One of the highlights is welcoming IPHE members who completed the Admissions requirements, into the Active Practising class of membership, entitling them to use the professional designation.

Teresa Cooper and I began the process of contacting former Professional Home Economists who were still using their professional designation. In most cases, this was due to inactive online accounts. A few are in the process of renewing their membership, and the others are cleaning up their online accounts and removing references to the profession.

The 2019-20 membership year (ending April 30, 2020) saw an increase in membership from the previous 2018-19 year (181 vs 169) resulting from a large increase in student memberships. Active Practising members were down by only 1.

The 2019-20 membership included: 124 Active Practising, 3 IPHEs, 5 Retired, 48 Students and 1 Conditional/Pending/Affiliate members.

As of October 2020 we currently have 152 members.

Here is a membership review of the last five years.

Membership Type	Active Practising	IPHE	Retired	Student	Conditional/Pending/Affiliate	Total
2020-21*	121	2	5	21	3	152
2019-20	124	3	5	48	1	181
2018-19	125	7	5	30	2	169
2017-18	128	7	4	30	3	172
2016-17	129	10	4	36	1	180
2015-16	131	8	4	29	3	175

*Membership history and renewals received for 2020-21 as of October 2020

Thank you to our membership for your support of the Association.

Respectfully submitted,
Karla Fehr, PHEc

Farm to School Program Liaison

Myrna Grahm, PHEc

Farm to School Manitoba Healthy Choices Fundraiser

In its 10th year, Farm to School Manitoba had another successful fundraising season. Although there has been a steady decline in program participation over the past few years, registration appears to be plateauing and it is the hope that it will move in the direction of increased participation once again.

Some of the efforts that have likely contributed to increased awareness of the program and improved participation include several new promotional opportunities in the community: summer learning event series in collaboration with the Bruce D. Campbell Farm and Food Discovery Centre, Peak of the Market

Family Fun Day, VegFest, and a public annual Farm to School Manitoba fundraising kick-off event at The Forks. The program coordinators were able to engage many more community members and increase program awareness prior to the start of the 2019-2020 fundraising year.

Due to the current pandemic, some program events and promotional opportunities were cancelled in the spring and early summer, including the annual Nutrition Month Big Crunch Event school/daycare contest and on-site celebrations, promotion at the annual Manitoba Child Care Association conference, and the annual Manitoba Association of Parent Councils conference. As well, the 2020-2021 fundraiser was cancelled in May 2020 by the program partners, shifting the focus of the program coordinators for the remainder of the fiscal year.

Rather than focusing on promotion of the vegetable fundraiser, the program coordinators have been developing resources and tools to assist in addressing other aspects of the program's objectives – food literacy, educator support, and community engagement. Collaboration with community partners to deliver virtual and in-person nutrition and food skills education, website updates to online and printable resources available in Manitoba, development of the produce-related recipes page, as well as contribution to online content for the Manitoba Association of Home Economist's Home and Family blog are just some of the projects that have been completed.

Respectfully submitted,
Myrna Grahn, PHEc

Administration

Administrative Service Provider - Teresa Cooper

As the Administrative Service Provider, I am responsible for the day-to-day operations of the Association. My responsibilities include communication with members and the public, all bookkeeping and financial reporting for MAHE and its programs, working closely on budget development with the Director of Finance, membership renewals/applications/IPHE enrollments, member rosters and the Directory, and other regular operational tasks. I also provide administrative support to the Farm to School program. I prepare and send the News Digest, update the website and Facebook pages, oversee outsourced support for the website, and provide technical assistance for the Home & Family blog. I also support the Board in many other ways and attend Board and Strategic Planning meetings. This year I assisted with the orientation for MAHE's new Registrar, Karla Fehr, PHEc, the new IPHE Committee Chair, Kendra Monk, PHEc, and the new Admissions Committee Chair, Tricia Meaud, PHEc.

During 2019-2020, I supervised the CHEF funded updates to the HomeFamily.net blog site. The funding came from a large bequest to the Emmie Oddie Fund. I added many new/updated posts to the site that were submitted by members in response to a call for contributions in April and May. Over the summer the Association of Saskatchewan Home Economists/ASHE also redeveloped their personal finance materials into a series of shorter blog posts for MAHE focusing on post-secondary students and money management. Those posts were published on the blog in the fall. All new posts are now publicized on the Home & Family and MAHE Facebook pages and the two Twitter accounts. Thank you to Darren Fife, PHEc, for looking after the Twitter accounts, and to CHEF for their ongoing financial support of the blog.

Respectfully submitted,
Teresa Cooper



Manitoba Association of Home Economists
PO Box 582, Station Main
Winnipeg, MB R3C 2J3

If you wish to assign your vote to the Secretary or Past President, complete this section:

Email or Mail Proxy Vote

I _____ the undersigned am a current member
(your full name – please print)

in good standing and being an Active Practising/Interim Professional Home Economist, Retired or Affiliate member have eligibility to vote. I will be unable to attend the MAHE Annual General Meeting on October 24, 2020 and hereby assign my vote to be carried by proxy.

Signature _____

Dated at _____, this _____ day of _____, 2020
(City) (Province) (Month)

Return completed form by email or mail by October 16, 2020

Send Email or Mail Proxy Vote to: MAHE Secretary or Past President
PO Box 582, Station Main
Winnipeg, MB R3C 2J3
mahe@mahe.ca

Upon verification, email or mail proxy vote will be carried by the Secretary or Past President.

If you wish to assign your vote to an eligible member who will be attending the AGM, complete this section:

Designated Proxy Vote

The individual appointed below is currently an Active Practising/Interim Professional Home Economist, Retired or Affiliate member in good standing and eligible to vote, will be attending the Annual General Meeting and has been given this **completed form to present in person for verification.**

I _____ appoint _____ to carry my vote by proxy. (Print **your full name and the full name of proxy carrier**)

Your signature _____

Dated at _____, this _____ day of _____, 2020
(City) (Province) (Month)

Each member may carry a maximum of 10 proxy votes. Verification of eligibility will be confirmed in advance of the AGM Call to Order based on MAHE Membership Records for the current year.